

Breakfast, Llangoed Hall

"Proudly sponsored by our Hens, Ducks, Bees & Our Garden Team"

COOKED – choose from

Full Welsh – bacon, sausage, tomato, mushroom, black pudding, eggs
(choose your eggs – poached or scrambled or fried)

Full Vegetarian – sausage, tomato, mushroom, baked beans, eggs
(choose your eggs – poached or scrambled or fried)

Smoked salmon, scrambled egg, English muffin

Three Egg Omelette

your choice of filling - ham – cheddar – mushroom - tomato

HEALTHY – choose from

Crushed avocado – English muffin, poached eggs, chilli flakes

Bircher muesli – granny smith apple, toasted nuts and seeds

Fresh fruit salad

House Platter – granola, yoghurt, fruit compote and garden honey

Tea or Filter Coffee with your choice of orange, apple or grapefruit juice will be served with mixed toast and pastry