

# Breakfast, Llangoed Hall

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*"Proudly sponsored by our Hens, Ducks, Bees & Our Garden Team"*

## **DRINKS**

juice – apple or orange or cranberry

breakfast tea

filter coffee

## **HOUSE BREAKFAST** – all items noted are served

selection of breads & pastries

Llangoed granola, natural yoghurt, seasonal compote, fruit, Llangoed honey

with your choice of juice and either tea or filter coffee

## **COOKED** – choose from

full Welsh – bacon, sausage, tomato, mushroom, black pudding, laver bread, eggs

smoked salmon– scrambled egg, toast

three egg omelette – Wiltshire ham, cheddar, mushroom

## **HEALTHY** – choose from

crushed avocado – sour dough, poached egg, chilli flakes

bircher muesli – granny smith apple, toasted nuts and seeds

fresh fruit salad bowl – mint infusion