

BREAKFAST

"Proudly sponsored by our Hens, Ducks, Bees & Our Garden Team"

Continental

Fresh orange, grapefruit, apple juice

Choice of cereal, fruit salad or grapefruit segments

Basket of freshly baked pastries and toast with butter and preserves

Natural yoghurt garden fruit compote

Add: A glass of house champagne.....

Cooked

The Full Welsh

Bacon, Sausage, Tomato, Mushroom, Black Pudding and Laver Bread

Smoked Salmon, Scrambled Egg on Toast

Three Egg Omelette, Ham, Cheddar Cheese and Mushroom

American Pancakes, Streaky Bacon, Maple Syrup and Blueberries

Healthy

Crushed Avocado on toast, Poached Egg, Chilli Flakes

Bircher Muesli, Granny Smith Apple, Toast Nuts and Seeds

Fresh Fruit Salad Infusion with Lemon Verbena

Garden Berries, Natural Yogurt, Llangoed Honey

Grab & go

Bacon butty

Selection of freshly baked pastries

Fruit salad infused with lemon verbena

Bircher muesli, Granny Smith apple, toast nuts and seeds